



# HOT STONE MASSAGE

## SHORT COURSE

### *Course Description*

This specialised massage technique is profoundly healing, enabling the body to enter a deep state of relaxation. Hot stone massage involves the placement of heated stones on specific points on the body to improve the flow and distribution of energy. The stones are also used to manipulate the body with Swedish massage techniques. A hot stone massage not only relaxes the mind it also loosens tight muscles and improves circulation. Hot stone massage is a specialized niche treatment that requires advanced training to ensure therapists understand the technical aspects of delivering a relaxing and effective massage.

*\*Must have prior massage experience*

### *You will learn*

- Geology and History of the hot stone
- Benefits and effects
- Contraindications
- Placement of the stone
- Massage techniques
- Developing your own unique hot stone Treatments
- Hygiene practices
- Use and maintenance of equipment

### *What is the course duration?*

2 x Full Days  
9.30 am-4 pm

### *How much will it cost?*

Total cost \$600.

**\*Fees must be paid in full**

**2 weeks prior to commencement of course**

### *What is included in your fees?*

- Course Information
- Certificate of Participation

### *What do I need to bring on the day?*

- At least 2 models to practice on.

### *When Can I Enrol?*

Please contact the  
COE campus on  
**Ph:03 5222 1818**  
or visit  
**126 Yarra Street.**  
**Geelong**



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## SHORT COURSE

OFFICE USE ONLY:

Fees paid: Yes / No

Paid VIA: EFT | Cash | Bank Transfer

| Cheque (please circle)

Receipt attached: Yes / No

**Course Date(s)** \_\_\_\_\_

### **Enrolment Details**

Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Email address: \_\_\_\_\_



**Total course fees: \$600.**

**\*Fees must be paid 2 weeks prior to commencement of course\***

### **Cancellation policy:**

*"Payment must be made up front in full for any short course booking. Bookings that require an invoice will only be considered 'firm' for the term of that invoice. The Centre of Excellence does not issue refunds or credits for Short Course bookings if such request is made before one week from the original start date of the course. If you are unable to attend, a substitute is welcome in your place. The Centre of Excellence reserves the right to cancel, close or reschedule short courses without notice. No refunds will be issued. Short course prices are correct at the time of publication."*

### **Please sign:**

I \_\_\_\_\_, have read  
and agree to the  
terms and conditions of the cancellation policy.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



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COE Bank Details: (For bank transfers)  
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Account name: The Centre of Excellence  
BSB: 633 000  
Account number: 112 408 570  
*\* Please reference your name  
followed by "SC"\**



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